



MEDICAL HOME MESSAGES FOR CHILDREN AND YOUTH

The American Academy of Pediatrics (AAP) wants children, youth and families across the country to know **that EVERY child and youth deserves a MEDICAL HOME.**

- ☀ Children and youth deserve a “MEDICAL HOME” – a place where the doctors and nurses know you and care about your health!
- ☀ Think about who is part of your MEDICAL HOME – the doctors and nurses you see when you go for a check-up or when you are sick:
 - What do you like best about them?
 - What do you like about their office?
 - Is there anyone else who is part of your MEDICAL HOME?
- ☀ Eating the right food (the four food groups!), getting plenty of exercise and sleep and having regular check-ups with your doctor are just some of the things you can do to stay healthy.
- ☀ You are part of the MEDICAL HOME, too! Talking with your parents and your doctor about your health so that you can learn more about it and working to stay healthy is how you can make your MEDICAL HOME the best one for you.

Learn more about MEDICAL HOME — what it is and how you can be a partner—by visiting www.MedicalHomeInfo.org.



**NATIONAL CENTER FOR
MEDICAL HOME
IMPLEMENTATION**

A cooperative agreement between the Maternal and Child
Health Bureau/HRSA and the American Academy of Pediatrics