**Transparency of Billing for Private Health Insurance**

If you have private health insurance, you may be responsible for up to 100% of the charges for your office visits and procedures. How much you will owe La Plata Physical Medicine (LPPM) depends on which insurance you have and how much your deductible is. Below are some *approximate* cost ranges for office visits based on our insurance contracts. Note: any procedures (injections, nerve testing, etc) would incur an additional cost. Visits are billed either by time or level of service.

New Visit

$157 to $194 for 30 min or Level 3

$238 to $283 for 45 min or Level 4

$302 to $354 for 60 min or Level 5

Follow-up Visit

$109 to $121 for 15 min or Level 3

$159 to $176 for 25 min or Level 4

$213 to $235 for 40 min or Level 5

**IT IS YOUR RESPONSIBILITY TO UNDERSTAND YOUR INSURANCE BENEFITS:**

* IF YOU ARE CONCERNED ABOUT HOW MUCH YOUR CARE WILL COST, PLEASE TALK TO US AND/OR YOUR INSURANCE COMPANY IN ADVANCE.
* IF YOU ARE NOT SURE YOU CAN AFFORD THE COST OF OFFICE VISITS AND PROCEDURES, PLEASE TALK TO US IN ADVANCE. LESS EXPENSIVE OPTIONS MAY EXIST.
* WE CAN WORK WITH YOU ON A PAYMENT PLAN