

If you are a *singer*, or have concerns about your singing voice, please complete below:

S-VHI-10 Please circle the response that indicates how frequently you have the same experience:

0 = Never, 1 = Almost never, 2 = Sometimes, 3 = Almost always, 4 = Always

It takes a lot of effort to sing	0	1	2	3	4
I am unsure of what will come out when I sing	0	1	2	3	4
My voice “gives out” on me while I am singing	0	1	2	3	4
My singing voice upsets me.	0	1	2	3	4
I have no confidence in my singing voice	0	1	2	3	4
I have trouble making my voice do what I want it to	0	1	2	3	4
I have to “push it” to produce my voice when singing	0	1	2	3	4
My singing voice tires easily	0	1	2	3	4
I feel something is missing in my life because of my inability to sing	0	1	2	3	4
I am unable to use my “high voice”	0	1	2	3	4

Total _____

Questions for vocal performers (singers, actors, comedians, voice-over artists etc.):

Years of professional vocal training: _____

Do you have a voice coach currently? Y N If so, list vocal coach name: _____

Hours rehearsing per day or week: _____

Do you have any upcoming performances/shows/etc.? Y N If yes, please indicate when: _____