

## PATIENT CHECKLIST

Patient Name: \_\_\_\_\_

All patients need the ones marked **X** in the NEED box. After the appointment with the bariatric surgeon the other boxes will be checked as a case by case basis. These do not necessarily need to be done in order.

NEED	Completed?	Date	Requirements	Location
X			Information Session	MISNC Office 2385 S. Melrose Drive Vista, CA 92081
X			Obtain Consult from PCP, if HMO	Primary Care Physician
X			Complete Weight Loss Program Patient History Questionnaire and Consent Forms	Fax or drop off at MISNC Office Fax: 760-482-1316
X			Appointment with Bariatric Surgeon	Karen Hanna, MD MISNC Office
X			Appointment with Dietitian	Bryana Piazza, MS, RD MISNC Office
X			Register on Patient Portal	<a href="http://www.misnorthcounty.com">www.misnorthcounty.com</a>
X			Must successfully lose 5-10lbs prior to surgery	
X			Psychology Consult	Vicki Grove, LMFT, MISNC Office or Private through own Insurance
X			Insurance Clearance	
			6 Month Supervised Diet	Per insurance requirements
			If female, PAP in the last 3 years	Primary Care Physician
			If female over 40 yrs old, Mammogram in the last 2 years	Primary Care Physician
			If 50 yrs or older, Normal Colonoscopy in the last 10yrs.	Primary Care Physician
			Exercise Physiologist	Per insurance requirements
X			Sleep Study	
X			Pre-Op Class	MISNC Office
X			Support Group	MISNC Office
X			Labs	
X			Chest X-Ray	
X			Upper GI X-Ray	
			EGD	If Indicated
			Gallbladder Ultrasound	If Indicated
			Cardiology Consult	If Indicated
			Pulmonary Consult	If Indicated
X			Once above complete call to schedule Surgery	MISNC Office 760-300-3647
X			Pre-Op appointment with Surgeon within 30 days	MISNC Office 760-300-3647
			Complementary 6 months membership	Tri City Wellness Center 6250 El Camino Real, Cbad, CA 92009

**Notes:**

Psychology Consult appointment can be through your own private insurance or pay out of pocket with our Therapist, Vickie Grove, LMFT.

Sleep Study: If you already have completed, no need to repeat. Please fax Sleep study result to our office at 760-432-1316.

Labs and X-rays results may also be faxed to our office at 760-432-1316.

**MISNC Office Information:**

Minimally Invasive Surgeons of North County

2385 S. Melrose Drive

Vista, CA 92081

Office phone: 760-300-3647

Office Fax: 760-482-1316

**Contact information:**

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