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**POST-OPERATIVE INGROWN TOENAIL INSTRUCTIONS**

You have just undergone a procedure to remove all or a portion of your toenail and the root. A chemical was used to burn and destroy the root permanently. This burn will cause the corner of your toe to become slightly red and swollen. Drainage of fluid reddish in color is normal.

1. If a medication was prescribed by Dr. Wong, please contact your pharmacy to see if the prescription sent is ready. If you have any doubts in regards to the medication please contact the office at the information listed above.
2. The same evening of the procedure remove the bandage completely.
3. Begin soaking your toe(s) in **ONE CAP** full of **BETADINE (AVAILABLE HERE)** per **ONE QUART** of tap water for at least 5 minutes at least twice a day.
4. After soaking, remove any drainage that accumulated in the nail groove with a clean, dry Q-tip.
5. Cover area with a Band-Aid if you are going outside barefooted.
6. Watch for the following signs or symptoms and call the office at the information listed above if any appear:

Swelling to the corner of the nail  
Extreme redness of the toe or red streaks up the foot  
Extreme pain and swelling