

# THE BEFORE SCHOOL FUNCTIONING QUESTIONNAIRE<sup>®</sup>

## EARLY MORNING ROUTINE, BEFORE SCHOOL: FROM 6 AM TO 9 AM

(from the time the child awakens until the time they depart the home for school or other activities)

DID YOUR CHILD HAVE DIFFICULTY WITH:	RATING			
	None	Mild	Moderate	Severe
1 <b>LISTENING</b> (to parents, other caregivers, siblings)	0	1	2	3
2 <b>FOLLOWING DIRECTIONS</b> (coming to breakfast, getting dressed, picking up necessary things)	0	1	2	3
3 <b>OVERALL ORGANIZATION</b> (morning routines, getting things together, time awareness)	0	1	2	3
4 <b>DRESSING</b> (putting on shirts, blouse, pants, shoes, coats)	0	1	2	3
5 <b>ATTENTION</b> (focusing on morning routines or activities)	0	1	2	3
6 <b>BEING QUIET</b> (loud, cannot occupy self unless with TV/electronics)	0	1	2	3
7 <b>DISTRACTION</b> (easily off task, distracted by objects, noise, others)	0	1	2	3
8 <b>PROCRASTINATION</b> (waiting until last moment to complete morning tasks)	0	1	2	3
9 <b>FORGETFULNESS</b> (memory for specific items: gym clothes, instrument, equipment)	0	1	2	3
10 <b>MISPLACING/LOSING ITEMS</b> (book bag, lunch tickets, school work/projects)	0	1	2	3
11 <b>HYPERACTIVITY</b> (excessive motor activity, running around in morning)	0	1	2	3
12 <b>TALKATIVENESS</b> (talking excessively)	0	1	2	3
13 <b>INTERRUPT/BLURT OUT</b> (interrupting/intruding, blurting out before question completed)	0	1	2	3
14 <b>SILLINESS</b> (goofiness, silliness, joking around)	0	1	2	3
15 <b>AWAITING TURN</b> (at breakfast, in line for bus or ride, bathroom time)	0	1	2	3
16 <b>BREAKFAST</b> (not sitting down to eat, distracted while eating)	0	1	2	3
17 <b>HYGIENE</b> (washing, combing hair, brushing teeth)	0	1	2	3
18 <b>INDEPENDENCE</b> (ability to perform tasks by him/herself)	0	1	2	3
19 <b>TIME AWARENESS</b> (not using time correctly, taking too long)	0	1	2	3
20 <b>GETTING TO SCHOOL</b> (missing bus, disruptive car/bus ride, walking to school, tardy)	0	1	2	3

1. Time to wake up and get out of bed: \_\_\_\_\_(min)

2. Time to complete routines (from out of bed to exit home): \_\_\_\_\_(min)