

Adult ADHD-RS-IV with Adult Prompts†*

The ADHD-RS-IV with Adult Prompts is an 18-item scale based on the *DSM-IV-TR* criteria for ADHD that provides a rating of the severity of symptoms. The adult prompts serve as a guide to explore more fully the extent and severity of ADHD symptoms and create a framework to ascertain impairment.

The first 9 items assess inattentive symptoms and the last 9 items assess hyperactive-impulsive symptoms. Scoring is based on a 4-point Likert-type severity scale: 0 = none, 1 = mild, 2 = moderate, 3 = severe. Clinicians should score the highest score that is generated for the prompts for each item.

Example: if one prompt generates a "2" and all others are a "1," by convention, the rating for that item is still a "2"

Significant symptoms in clinical trials are generally considered at least a "2" – moderate.

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
0	0	1	2	3	5.	0	1	2	3
1. Carelessness Do you make a lot of mistakes (in school or work)? Is this because you're careless? Do you rush through work or activities? Do you have trouble with detailed work? Do you not check your work? Do people complain that you're careless? Are you messy or sloppy? Is your desk or workspace so messy that you have difficulty finding things?					5. Can't organize Do you have trouble organizing tasks into ordered steps? Is it hard prioritizing work and chores? Do you need others to plan for you? Do you have trouble with time management? Does it cause problems? Does difficulty in planning lead to procrastination and putting off tasks until the last moment possible?				
2. Difficulty sustaining attention in activities Do you have trouble paying attention when watching movies, reading, or attending lectures? Or on fun activities such as sports or board games? Is it hard for you to keep your mind on school or work? Do you have unusual trouble staying focused on boring or repetitive tasks? Does it take a lot longer than it should to complete tasks because you can't keep your mind on the task? Is it even harder for you than some others you know? Do you have trouble remembering what you read and do you need to re-read the same passage several times?					6. Avoids/dislikes tasks requiring sustained mental effort Do you avoid tasks (work, chores, reading, board games) that are challenging or lengthy because it's hard to stay focused on these things for a long time? Do you have to force yourself to do these tasks? How hard is it? Do you procrastinate and put off tasks until the last moment possible?				
3. Doesn't listen Do people (spouse, boss, colleagues, friends) complain that you don't seem to listen or respond (or daydream) when spoken to or when asked to do tasks? A lot? Do people have to repeat directions? Do you find that you miss the key parts of conversations because of drifting off in your own thoughts? Does it cause problems?					7. Loses important items Do you lose things (eg, important work papers, keys, wallet, coats, etc)? A lot? More than others? Are you constantly looking for important items? Do you get into trouble for this (at work or at home)? Do you need to put items (eg, glasses, wallet, keys) in the same place each time, otherwise you will lose them?				
4. No follow through Do you have trouble finishing things (such as work or chores)? Do you often leave things half done and start another project? Do you need consequences (such as deadlines) to finish? Do you have trouble following instructions (especially complex, multistep instructions that have to be done in a certain order with different steps)? Do you need to write down instructions, otherwise you will forget them?					8. Easily distractible Are you ever very easily distracted by events around you such as noise (conversation, TV, radio), movement, or clutter? Do you need relative isolation to get work done? Can almost anything get your mind off of what you are doing, such as work, chores, or if you're talking to someone? Is it hard to get back to a task once you stop?				
					9. Forgetful in daily activities Do you forget a lot of things in your daily routine? Like what? Chores? Work? Appointments or obligations? Do you forget to bring things to work, such as work materials or assignments due that day? Do you need to write regular reminders to yourself to do most activities or tasks, otherwise you will forget?				

Adult ADHD-RS-IV* with Adult Prompts†

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
	0	1	2	3		0	1	2	3
10. Squirms and fidgets					15. Talks excessively				
Can you sit still or are you always moving your hands or feet, or fidgeting in your chair?					Do you talk a lot? All the time? More than other people?				
Do you tap your pencil or your feet? A lot? Do people notice?					Do people complain about your talking? Is it a problem?				
Do you regularly play with your hair or clothing?					Are you often louder than the people you are talking to?				
Do you consciously resist fidgeting or squirming?					16. Blurts out answers				
11. Can't stay seated					Do you give answers to questions before someone finishes asking?				
Do you have trouble staying in your seat? At work?					Do you say things before it is your turn?				
In class? At home (eg, watching TV, eating dinner)?					Do you say things that don't fit into the conversation?				
In church or temple?					Do you do things without thinking? A lot?				
Do you choose to walk around rather than sit?					17. Can't wait for turn				
Do you have to force yourself to remain seated?					Is it hard for you to wait your turn (in conversation, in lines, while driving)?				
Is it difficult for you to sit through a long meeting or lecture?					Are you frequently frustrated with delays? Does it cause problems?				
Do you try to avoid going to functions that require you to sit still for long periods of time?					Do you put a great deal of effort into planning to not be in situations where you might have to wait?				
12. Runs/climbs excessively					18. Intrudes/interrupts others				
Are you physically restless?					Do you talk when others are talking, without waiting until you are acknowledged?				
Do you feel restless inside? A lot?					Do you butt into others' conversations before being invited?				
Do you feel more agitated when you cannot exercise on an almost daily basis?					Do you interrupt others' activities?				
13. Can't play/work quietly					Is it hard for you to wait to get your point across in conversations or at meetings?				
Do you have a hard time playing/working quietly?									
During leisure activity (nonstructured times or on your own such as reading a book, listening to music, playing a board game), are you agitated or dysphoric?									
Do you always need to be busy after work or while on vacation?									
14. On the go, "driven by a motor"									
Is it hard for you to slow down?									
Do you feel like you (often) have a lot of energy and that you always have to be moving, are always "on the go"?									
Do you feel like you're driven by a motor?									
Do you feel unable to relax?									

*From *ADHD Rating Scale-IV: Checklists, Norms and Clinical Interpretation*. Reprinted with permission of The Guilford Press: New York. ©1998 George J. DuPaul, Thomas J. Power, Arthur A. Anastopoulos and Robert Reid. This scale may not be reproduced in any form without written permission of The Guilford Press. www.guilford.com

†Prompts developed by Lenard Adler, MD, Thomas Spencer, MD, and Joseph Biederman, MD.

©2003 New York University and Massachusetts General Hospital. All rights reserved. DO NOT REPRODUCE WITHOUT WRITTEN PERMISSION OF MASSACHUSETTS GENERAL HOSPITAL OR NEW YORK UNIVERSITY.

THERE ARE NO WARRANTIES REGARDING THIS ATTENTION DEFICIT HYPERACTIVITY DISORDER RATING SCALE IV AND ADULT PROMPTS ("SCALE"), EXPRESS OR IMPLIED, INCLUDING WITHOUT LIMITATION, IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, AND ALL OTHER REPRESENTATIONS OR WARRANTIES OF ANY KIND ARE HEREBY DISCLAIMED. New York University and the Massachusetts General Hospital shall neither exercise control over nor interfere with the physician-patient relationship of users of this Scale and shall not be responsible for any use made of this Scale, including any medical decisions regarding the care and treatment of patients using the Scale.