

# CONSULTATION FEE DISCLAIMER

I, \_\_\_\_\_, consultation fee of \$99/\$49/\$39, completely agree to pay the initial

I understand this consult is CASH ONLY and not part of insurance or the Weight Loss Program.

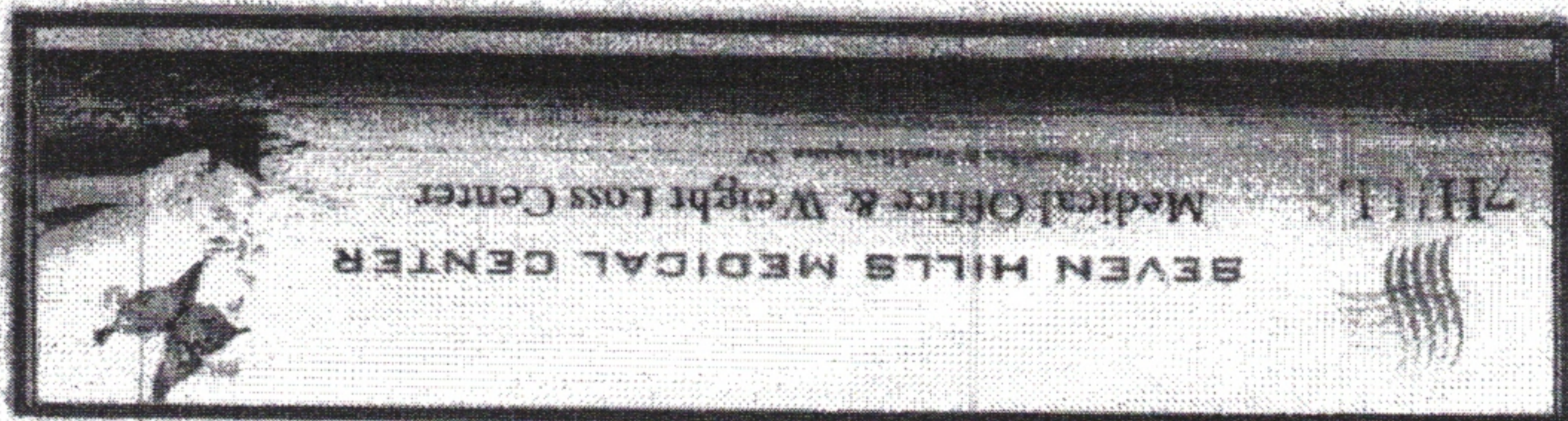
\_\_\_\_\_ I acknowledge this was explained in detail to me.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Print Name \_\_\_\_\_





### Assignment of Benefit Agreement

I hereby authorize my insurance company, including Medicare if I am a Medicare beneficiary, to make payments to Seven Hills Medical Services PC/Franklin Medical Care PC for medical or surgical services or items rendered to me or my dependent by Seven Hills Medical Services PC/Franklin Medical Care PC. Should my insurance carrier deny Seven Hills Medical Services PC/Franklin Medical Care PC payment, I understand that I am financially responsible for the charges. I authorize Seven Hills Medical Services PC/Franklin Medical Care PC to release any and all of my records to my insurer or any other third party payer, legally responsible for the payment of medical expenses. It is my responsibility to update any and all personal, insurance, and health information.

I also authorize Seven Hills Medical Services PC/Franklin Medical Care PC to use my email/cell phone for any electronic communications about my appointment dates, results, reminders, etc.

Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: (\_\_\_\_\_) \_\_\_\_\_



Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Allergies to Medications, X-Ray Dyes, or Other Substances: [ ] No [ ] Yes

If yes, please list name of medicine and type of reaction:

**Past Medical History:**

- 1. High Blood Pressure
- 2. Diabetes
- 3. Cancer
- 4. Heart Disease
- 5. Chest Pain/Chest Tightness
- 6. Shortness of Breath
- 7. Swollen Ankles
- 8. Palpitations
- 9. Light Headedness
- 10. Frequent Urination
- 11. High Cholesterol
- 12. Asthma
- 13. Bronchitis
- 14. Pneumonia
- 15. Persistent Cough
- 16. TB
- 17. Hay Fever
- 18. Abdominal Discomfort
- 19. Indigestion
- 20. Nausea
- 21. Vomiting
- 22. Constipation
- 23. Diarrhea
- 24. Blood in Stool
- 25. Ulcers
- 26. Change in Bowels
- 27. Unexpected Weight Gain/Loss
- 28. Hemorrhoids
- 29. Gall Bladder Disease
- 30. Colitis
- 31. Hepatitis/Jaundice
- 32. Thyroid Disease
- 33. Headaches
- 34. Head/Neck Radiation
- 35. Kidney Disease/Stones
- 36. Difficulty Urination
- 37. Arthritis
- 38. Lower Back Problems
- 39. Skin Disease
- 40. Blood Disorder
- 41. Venereal Disease
- 42. Anxiety
- 43. Depression
- 44. Anemia
- 45. Alcohol Abuse
- 46. Drug Abuse
- 47. Gout
- 48. Other: \_\_\_\_\_

**Gynecologic and Obstetric History**

Onset Period Age: \_\_\_\_\_ Frequency: \_\_\_\_\_ Length of Periods: \_\_\_\_\_

Pregnancies: \_\_\_\_\_ Births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_

Prolonged/Abnormal Bleeding: [ ] No [ ] Yes If yes, please describe: \_\_\_\_\_

Leakage of Urine: [ ] No [ ] Yes If yes, please describe: \_\_\_\_\_

Pelvic Pain: [ ] No [ ] Yes If yes, please describe: \_\_\_\_\_

Abnormal Discharge: [ ] No [ ] Yes If yes, please describe: \_\_\_\_\_

Please list and supply Dates of Operations: \_\_\_\_\_

Hospitalizations (Other than Surgery): \_\_\_\_\_



Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Immunization History**

Hepatitis B? [ ] No [ ] Yes If yes, what date? \_\_\_\_\_

Pneumovax Immunization? [ ] No [ ] Yes If yes, what date? \_\_\_\_\_

Flu Immunization? [ ] No [ ] Yes If yes, what date? \_\_\_\_\_

Tetanus Immunization? [ ] No [ ] Yes If yes, what date? \_\_\_\_\_

**When was Your Last:**

Pap Smear? \_\_\_\_\_

Breast Exam? \_\_\_\_\_

Mammogram? \_\_\_\_\_

Prostate Check? \_\_\_\_\_

Check for Bloody Stool? \_\_\_\_\_

Cholesterol Check? \_\_\_\_\_

**Family History**

Has any member of your family (including parents, grandparents, and siblings) ever had the following?

Illness

Cancer (Type) \_\_\_\_\_

Hypertension \_\_\_\_\_

Heart Disease \_\_\_\_\_

Diabetes \_\_\_\_\_

Strokes \_\_\_\_\_

Mental Disease \_\_\_\_\_

Drug/Alcohol Addiction \_\_\_\_\_

Glaucoma \_\_\_\_\_

Bleeding Diseases \_\_\_\_\_

Other: \_\_\_\_\_

**Medications**

Drug Name \_\_\_\_\_

Dosage \_\_\_\_\_

Drug Name \_\_\_\_\_

Dosage \_\_\_\_\_

Family Member

Age Approx. Diagnosed



Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Prevention**

Do you wear seatbelts?  Yes  No  If no, why not? \_\_\_\_\_

Do you wear a bike helmet?  Yes  No  N/A

Do you smoke?  Yes  No  If yes, how many per day? \_\_\_\_\_

Do you drink alcoholic beverages?  Yes  No  If yes, how many per week? \_\_\_\_\_

Do you use drugs (marijuana, cocaine, heroin, etc.)?  Yes  No  If yes, what kind? \_\_\_\_\_

Do you drink coffee?  Yes  No  If yes, how many cups per day? \_\_\_\_\_

Do you drink tea?  Yes  No  If yes, how many cups per day? \_\_\_\_\_

If there's a gun in your home, do you keep it unloaded & out of children's reach?  Yes  No  N/A

Have you ever engaged in any activity which has put you at risk of getting AIDS?  Yes  No  N/A

Have you ever worked with chemicals, paints, asbestos, or other hazardous materials?  Yes  No  N/A

Are you in a relationship in which you have been physically hurt by your partner?  Yes  No  N/A

Do you ever feel afraid of your partner?  Yes  No  N/A

Do you have a living will?  Yes  No  N/A

Do you have a donor card?  Yes  No  N/A

Method of birth control? \_\_\_\_\_

I hereby agree that all the information provided above is accurate to the best of my knowledge.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_



Seven Hills Medical Center  
Demographics Sheet

\_\_\_\_\_  
Patient's Name:

\_\_\_\_\_  
Address:

\_\_\_\_\_  
Town:

\_\_\_\_\_  
State:

\_\_\_\_\_  
Zip:

\_\_\_\_\_  
DOB (MM/DD/YYYY):

\_\_\_\_\_  
Social Security Number:

\_\_\_\_\_  
Phone Numbers:  
[ ] Cell [ ] Home [ ] Work

\_\_\_\_\_  
E-Mail Address:

\_\_\_\_\_  
Emergency Contact Name:

\_\_\_\_\_  
Emergency Contact Phone:

\_\_\_\_\_  
Emergency Contact Address:

\_\_\_\_\_  
Occupation:

\_\_\_\_\_  
Employer's Name:

\_\_\_\_\_  
Employer's Address:

\_\_\_\_\_  
Primary Doctor Name:

\_\_\_\_\_  
Phone Number:

\_\_\_\_\_  
Pharmacy Name:

\_\_\_\_\_  
Address:

\_\_\_\_\_  
Primary Insurance Name:

\_\_\_\_\_  
Primary Insured's Name:

\_\_\_\_\_  
Primary Insured's DOB (MM/DD/YYYY):

\_\_\_\_\_  
Relationship to the Insured:

\_\_\_\_\_  
Secondary Insurance Name:

\_\_\_\_\_  
Secondary Insured's Name:

\_\_\_\_\_  
Secondary Insured's DOB (MM/DD/YYYY):


\_\_\_\_\_  
Relationship to the Insured:

\_\_\_\_\_  
[ ] Family:

\_\_\_\_\_  
[ ] Friend:

\_\_\_\_\_  
[ ] Physician:

\_\_\_\_\_  
[ ] Other:

How did you hear about us? 



# Weight Control Expectations Questionnaire

The accompanying explanatory sheet discusses the importance of clearly delineating your expectations when participating in any kind of weight control program. This form has been designed to assist you in organizing your thoughts regarding exactly what it is you want for yourself. By first filling out this questionnaire as completely and honestly as possible and then reviewing it with your physician, you will learn what can reasonably be expected to occur.

How did you hear about us?

How much weight do you expect to lose? \_\_\_\_\_ Per week \_\_\_\_\_ Per month

What would happen if you do not lose that much or that fast? How will you react?

If your weight loss slows down markedly or even completely stops for a while, will you understand the difference between fat loss and water loss?

What do you expect from us (your medical counselors)? Be specific.

Will it change your life in any way (for better or worse) when you reach your goal weight?

Do you expect to be doing anything you are not doing now? Describe in detail.

Do you expect to STOP doing something you are doing NOW? Describe in detail.

Will you be able to handle compliments about how you look when you are of normal size?

Will your "new normal weight" self pose a threat to your relationship with your significant other? Be specific.



How will family and friends respond to the "new you"?

Do you expect to get a better job?

Will you get more respect from other people? Who specifically?

Will you feel comfortable with these altered responses from others?

Will you be expected to perform better at work (or at home)?

Will you be more sociable than you are now?

Will you have to assume any new responsibilities? Describe in detail.

What will happen if some of your expectations don't come true? What might you do?

What do you expect to have to do to maintain weight the same?

Will you continue to watch your food intake? Exercise?

Continue with professional medical monitoring? For about how long?

Do you have any other expectation than those listed above? Please describe in detail.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

DOB: \_\_\_\_\_



# MY TYPICAL DAY

## TO KNOW YOUR DAILY ROUTINE

I wake up at \_\_\_\_\_ AM/PM

My breakfast (first meal after you wake up) at \_\_\_\_\_ Am/PM

Break Fast Includes and Varies

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Any snacks in between \_\_\_\_\_

Next meal of the day : LUNCH at what time and

Includes \_\_\_\_\_

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Any Snacks in Between \_\_\_\_\_

Dinner at : \_\_\_\_\_

WATER : How many glasses or bottles per day? \_\_\_\_\_

Exercise per day \_\_\_\_\_

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Dr. Thirumalesh Venkatesh

I Appreciate 3 things:

I am Grateful:

Please take a moment to fill the following:

Name: \_\_\_\_\_

