

Our goal is to be your partner in health care by serving as your medical home. We are committed to make available to you a personal provider for all your health care needs and coordinates your care including the medical office, hospital, clinics, behavioral health, testing facilities and other places where you receive health care.

As a **Patient Centered Medical Home** your primary care team is focused on getting to know you and earning your trust. Your team puts YOU at the center of your care. This is a partnership amongst practitioners, patients, and their families to ensure that decisions respect patients' wants, needs and preferences, while making sure that patients have the information and support needed to make decisions and participate in their own care. We provide evidence based care to ensure we respond effectively to your health condition.



Prepare for your appointment

Make a list of your health questions. Ask a friend or relative for help if you need it. Put the questions that are most important to you at the top of the list.

Make a list of other health care providers you have visited. Write down their names, addresses, phone numbers, and the reasons you visited them.

Take all of your medicines, in their original containers, to your appointment. Be sure to include prescription, over the counter, natural and herbal medicines and vitamins.

Provide us with your medical history, as well as any allergies, recent test results, behavioral health services, hospitalizations, and emergency department visits.

Help us help you

- Let us know if you are unable to take your medicine or follow through with your care plan
- Inform us of any illnesses, hospital stays, medications and other health-related matters
- Ask for help if you don't fully understand something
- Give us feedback so we can improve our services
- Follow your care plan
- Contact us for all your health care needs



Our Services

Acute Illness/Injury Including treatment for colds, flu, intestinal illness, joint injuries, lacerations and rashes

Adult Health Care Treatment of chronic conditions including diabetes, high blood pressure, high cholesterol, depression, asthma, arthritis, skin disease.

Preventative Care Services Including health maintenance, sports, DOT or employment physicals, routine pap smears/ pelvic exams, and annual wellness exams.

Onsite Testing For your convenience we have onsite Xray and EKG. We also offer lab services on the premises for blood and urinalysis testing.

Drug Screening Services

Patient paperwork, health education and resources, office policies, provider information and access to your patient portal can all be found at our website

www.portcityurgentcare.com