



AAOA SUBLINGUAL-SWALLOW DROPS ADMINISTRATION

Sublingual-Swallow Drops are given orally. If you have any symptoms including swelling or pain, please stop the drops and call the physician's office. Allergenic extracts, like all allergens, may potentially elicit a severe life-threatening systemic reaction.

INSTRUCTIONS:

- Place drops under the tongue. Wait two minutes before swallowing for best absorption.
- Do not eat or drink after any dose for about ten minutes.
- Always store dropper bottles upright with cap securely tightened.
- During build-up, start with Bottle #1 Before reaching day 21, schedule an appointment and **BRING YOUR BOTTLE** into the office where the provider will refill and monitor your first drop of your next bottle for 30 minutes.
- Bottle #5 is your "Maintenance Bottle," it is the maximum tolerated dose. It will contain 3 months of treatment drops. You will take 3 drops daily. Please call 10 days prior to your refill so we can prepare your next "Maintenance Bottle."
- The providers would like to follow up with you after 6 months of treatment.

AAOA BUILD UP SCHEDULE

Bottle #1		Date/ Comments	Bottle #2		Date/ Comments	Bottle #3		Date/ Comments	Bottle #4		Date/ Comments
Day 1	1 drop		Day 1	1 drop		Day 1	1 drop		Day 1	1 drop	
Day 2	1 drop		Day 2	1 drop		Day 2	1 drop		Day 2	1 drop	
Day 3	1 drop		Day 3	1 drop		Day 3	1 drop		Day 3	1 drop	
Day 4	1 drop		Day 4	1 drop		Day 4	1 drop		Day 4	1 drop	
Day 5	1 drop		Day 5	1 drop		Day 5	1 drop		Day 5	1 drop	
Day 6	1 drop		Day 6	1 drop		Day 6	1 drop		Day 6	1 drop	
Day 7	1 drop		Day 7	1 drop		Day 7	1 drop		Day 7	1 drop	
Day 8	2 drops		Day 8	2 drops		Day 8	2 drops		Day 8	2 drops	
Day 9	2 drops		Day 9	2 drops		Day 9	2 drops		Day 9	2 drops	
Day 10	2 drops		Day 10	2 drops		Day 10	2 drops		Day 10	2 drops	
Day 11	2 drops		Day 11	2 drops		Day 11	2 drops		Day 11	2 drops	
Day 12	2 drops		Day 12	2 drops		Day 12	2 drops		Day 12	2 drops	
Day 13	2 drops		Day 13	2 drops		Day 13	2 drops		Day 13	2 drops	
Day 14	2 drops		Day 14	2 drops		Day 14	2 drops		Day 14	2 drops	
Day 15	3 drops		Day 15	3 drops		Day 15	3 drops		Day 15	3 drops	
Day 16	3 drops		Day 16	3 drops		Day 16	3 drops		Day 16	3 drops	
Day 17	3 drops		Day 17	3 drops		Day 17	3 drops		Day 17	3 drops	
Day 18	3 drops		Day 18	3 drops		Day 18	3 drops		Day 18	3 drops	
Day 19	3 drops		Day 19	3 drops		Day 19	3 drops		Day 19	3 drops	
Day 20	3 drops		Day 20	3 drops		Day 20	3 drops		Day 20	3 drops	
Day 21	3 drops		Day 21	3 drops		Day 21	3 drops		Day 21	3 drops	
Bring bottle to office for refill and monitoring of Bottle #2			Bring bottle to office for refill and monitoring of Bottle #3			Bring bottle to office for refill and monitoring of Bottle #4			Bring bottle to office for refill and monitoring of Maintenance Bottle		