



EXCISION OF SALIVARY GLAND STONE POST-OPERATIVE INSTRUCTIONS

POST-OPERATIVE CARE

If your physician marsupialized the salivary duct to remove the stone, you may have sutures placed. Likely, these sutures will be dissolvable and may eventually fall out on its own within the first two weeks.

MEDICATIONS

Discomfort following stone excision can usually be controlled with Tylenol. If pain and swelling become bothersome, you can attempt to ice the location of the operation site.

ACTIVITY

We recommend you rest for the remainder of the day. The next day you may resume your normal activity.

DIET

You may eat whatever you can tolerate; however, we would recommend you avoid acidic foods and alcohol as it may burn. Stay away from hot liquids immediately following the procedure due to the use of local anesthesia.

WORK

Most patients plan to take the rest of the day off, the day of the procedure. You can return to work the following day.

TRAVEL

No airplane travel for 1 week following your procedure.

CALL OUR OFFICE (760) 479-2100

For a persistent temperature above 101.5 degrees or severe chills, nausea or vomiting, pain not relieved by oral medication, difficulty breathing or profuse bleeding or swelling.

FOLLOW UP APPOINTMENTS

You will have 1 post-operative visit one week after your procedure. This appointment should already be scheduled for you by our surgery scheduler.