

Excision of Salivary Gland Stone Post- Operative Instructions

Activity: We recommend you rest for the remainder of the day. The next day you may resume your normal activity.

Diet: You may eat whatever you can tolerate. We encourage fluids for the first 24 hours. Stay away from hot liquids immediately following the procedure due to the use of local anesthesia.

Pain: Discomfort following stone excision can usually be controlled with Tylenol. If pain and swelling become bothersome, suck on an ice cube placed on operation site.

Wound/Dressing Information: If the doctor marsupialized the salivary duct there will be stitches keeping the new opening of the duct open to it to drain. You will need to return to the office in 5-7 days to have stitches removed.

Prior to your procedure the scheduler should have called in your medications and scheduled your first post-operative visit if necessary.

If unable to reach your physician with an urgent or severe problem, call 911 or go to the nearest emergency room.